



Somerset Sight

Working with people
who lack sight, not vision

**Supporting visually impaired people in
Somerset so that they may lead fuller and
more independent lives.**



01823 333818



**The Queen's Award
for Voluntary Service**

Somerset Sight - Working with visually impaired people across Somerset since 1919

We provide immediate help and support to enable visually impaired people to adapt to their sight loss and lead more independent lives.

The services we provide:

- Increase confidence to live independently
- Improve health and emotional wellbeing
- Reduce isolation and loneliness
- Enable access to activities, volunteering and work experience



“Somerset Sight has helped me through the most difficult time in my life and I don’t know where I would be without them.”

Resources and Rehabilitation

Available at Northfield House, Taunton, TA1 1DG daily in office hours and on the Mobile Advisory Service. Staff demonstrate and give advice on equipment and technology available.

Equipment includes: talking clocks, watches, canes, magnifiers, kitchen equipment, large button phones, IT software & lighting and voice activated gadgets.

Mobile Advisory Service (MAS)

Bringing our services to you, the MAS visits more than 40 towns and villages around Somerset to bring advice and low vision equipment to your locality. No appointment is necessary. Dates and locations are advertised in our magazine and website or call us for details.

“Without the Mobile Advisory Service I wouldn’t be able to access the services and equipment I need.”



Emotional Support Service

Emotional support helps individuals, relatives and carers come to terms with all aspects of sight loss. Support is free with no waiting list and can be face to face or by telephone. Regular Charles Bonnet support groups are also held.

Technology Support

Advice and practical support can be given for various gadgets, programs and applications that can assist the visually impaired. This can be done over the phone or in person.

Volunteer Visiting Service

A volunteer can provide befriending, regular company, help with correspondence, day-to-day tasks and trips out. This helps maintain an active and social lifestyle without having to rely entirely on friends and family. Visitors are available throughout the county and are carefully trained to provide this unique service.



British Wireless for the Blind (BWBF)

We are agents for BWBF, who provide easy to use audio equipment on loan.

These are designed to be accessible for visually impaired people of all ages.

Social Clubs

Monthly social clubs are held in many towns across Somerset. They are a great opportunity for visually impaired people to meet others in a friendly environment. Please contact us for details of your nearest social club.

Seeing Life Differently Days

These are designed to support people recently diagnosed, to adapt to their sight loss and remain independent. We cover topics such as aids to daily living, mobility, public transport, cooking skills and benefit advice. A chance to meet other people, make friends and share vital hints and tips.



“It was brilliant and taught me a lot, everyone was very kind and helpful.”

Activities and Groups

Regular activities & groups run across the county including: **theatre trips, music groups, VI sport, cookery, craft and days out.**



Children and Families

Childrens' activities are held during school holidays. Children have the opportunity to make friends and join in with fun days out subsidised by Somerset Sight. We also run parent support groups and cover specific topics of interest.



Low Vision Service

Low Vision Clinics are held throughout Somerset. A low vision therapist will assess your vision free of charge. You will be loaned various magnifiers or aids to improve your ability to carry out tasks you may be finding difficult.



NHS

Supporting Somerset Sight

Why not join our team of volunteers to make a difference in Somerset? You can also support our exciting events throughout the county. There are many opportunities for you to get involved.



Leaving A Gift In Your Will

As a charity we need to plan our services for the future but without secure funding this can be difficult. Would you consider leaving a gift in your will to Somerset Sight? Any gift, however small, will assist us to continue our vital services.

Thank you for your support

"Somerset Sight have been brilliant.

There is always someone to talk to and I could not fault the support I have received"

If you would like to donate or require further information please call us on **01823 333818** or visit **www.somersetsight.org.uk**

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